

LONDON'S FINEST HEALTH, WELLNESS & LIFESTYLE MEMBERS' CLUB, THE LANESBOROUGH CLUB & SPA

INTRODUCES BRAND-NEW RESIDENT SPA PARTNER – THE WELLNESS AND ADVANCED AESTHETICS WITH DR GALYNA SELEZNEVA



May 2025 - London's most exclusive wellness destination just got even more exceptional. With its enviable location straddling prestigious Belgravia, Knightsbridge, and Mayfair, [The Lanesborough Club & Spa](#) is the lifestyle club for the modern Londoner, providing members' with a 'luxury club for life'. Offering a truly 360° approach to wellbeing, it prides itself on partnering with the world's leading brands and experts in the fields of health, fitness, and beauty.

Starting April 24th The Lanesborough Club & Spa proudly welcomes renowned aesthetics expert Dr. Galyna Selezneva, bringing a suite of cutting-edge treatments to its world-class offering. Members, hotel guests, and day spa visitors will be able to sample a program of Wellness & Advanced Aesthetic treatments curated by renowned aesthetic doctor and wellness expert, Dr. Galyna, centred around the concept of skin longevity and biohacking. This innovative concept prioritises your body and skin's ever-changing needs, whilst always taking into account your wellbeing.

Dr Galyna says "We understand that skin fluctuates with hormonal shifts and life's challenges, including stress, pollution, and sun exposure. And so in response, have curated a range of results-driven treatments to restore, reset, and regenerate your skin and body from head to toe. Leveraging the latest advanced technology and decades of combined experience, The Wellness & Advanced Aesthetic Treatment Menu offers bespoke solutions to address your holistic wellness needs".

Indulge in a curated menu of Biohacking gadgets, sculpting and muscle toning devices restorative facials, lymphatic drainage treatments, regenerative injectables and exosomes as well as cutting edge Sofwave and Syfirm treatments'

Ahead of their treatment, guests can relax in the award-winning Club & Spa's various thermal suites and impressive hydrotherapy pool. Spanning an incredible 20,000ft² (1,672m²) and truly spectacular in design, The Lanesborough Club & Spa comprises four single treatment rooms, as well as a double treatment room which boasts a double shower and Rasul – an Arabian-inspired thermal cleansing ritual – a restaurant serving light, fresh cuisine, and multiple relaxation loungers.

Initial consultations with Dr Galyna start from £300 – Prices range dependent on the treatment and number of areas.

For more information on The Lanesborough Club & Spa, visit www.lanesboroughclubandspa.com

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About The Lanesborough Club & Spa

The Lanesborough Club & Spa launched in March 2017, marking the next stage of the iconic Lanesborough Hotel's evolution following an acclaimed relaunch in July 2015. The Club & Spa is one of London's most exclusive private members' fitness and health clubs, providing Belgravia with a luxury 'club for life' and offering a 360° approach to wellbeing for modern-day Londoners living and working in the local area.

About The Lanesborough

With its enviable location at the heart of London, in prestigious Knightsbridge, and panoramic views of Hyde Park, The Lanesborough has long been considered one of the world's most luxurious hotels. The Lanesborough's legacy lies with it having been built on the former home of Viscount Lanesborough and remains one of London's most revered Regency landmarks. Following its re-opening in summer 2015, the hotel's elegant surroundings, exquisite cuisine, unsurpassed attention to detail and world-renowned service are second to none. The Lanesborough captures the sense of a grand residence and offers 93 guest rooms, including 48 suites, and a personal butler service for all guests. Oetker Collection manages the hotel, bringing their expertise to the United Kingdom for the first time. www.lanesborough.com

About Dr Galyna

Dr. Galyna Selezneva is an award-winning aesthetic doctor and wellness expert with nearly 20 years of medical experience. A registered Psychiatrist and member of the Royal College of Psychiatry, she is also a registered member of the General Medical Council, a proud member of the British Medical Association and of the British College of Aesthetic Medicine.

She has been featured in Tatler's Cosmetic Surgery Guide for eight consecutive years and is recognised in various prestigious publications, such as Forbes and The Times, for her non-invasive aesthetic treatments, her regenerative medicine strategy and overall holistic approach to vitality.

Each treatment on our menu has been cultivated by Dr. Galyna, to ensure advanced aesthetic medicine is obtainable and accessible for The Lanesborough guests and Lanesborough Club & Spa Members. She and her team have combined results-driven technology with an integrated approach to skin health, encapsulating regenerative medicine, ensuring longevity and vitality, to create a unique assortment of facials and body treatments.

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